



Our live aboard programs are taught aboard our safe and comfortable CS 30 or a Catalina 350. The vessel is equipped with wheel steering, diesel engine and a full set of electronic



*"The approach & delivery were spot on...pitch, timing and pace of instruction were ideal..a great week and a wonderful experience the constant presence and active engagement of the instructor are invaluable. The vast amount of helm time just lifts this live aboard training way beyond comparable shore-based rivals" MH (Dive Instructor)*



Offering courses leading to internationally recognized CYA standards:



- Boat Operator's Card
- Basic Cruising
- Intermediate (Bareboat) Cruising
- Advanced Cruising
- Educational live aboard vacation in the beautiful Kingston & 1000 Islands area
- Learn to sail a keelboat confidently and safely
- Experienced, professional CYA Certified Cruising Instructors

In co-operation with



**Wavelength Sailing School**



**2012  
Live Aboard  
and Day  
Sailing Courses**

**Leading to  
Canadian Yachting Association  
Basic, Intermediate and Advanced  
Certification**

**Phil Morris** Kingston Lead Instructor

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